





Recipe Details

Recipe Name : **Sweet Kale With Lentils And Pine Nuts**
Recipe Category:
Author : **Ottolenghi**
Created : **February 16, 2015**
Last Updated : **February 16, 2015**
Portions : **4**

Weight (Per Portion)

One portion of this dish weighs approximately 368.00 Grams

Recipe Ingredients

| Ingredient | Quantity | Allergen Warnings |
|----------------------|---------------|---|
| Kale | 400 Gram | |
| Raisins | 125 Gram |  Sulphur Dioxide |
| Vinegar, red wine | 3 Tablespoon | |
| Onions, raw | 2 Large | |
| Oil, olive | 3 Tablespoon | |
| Butter, unsalted | 20 Gram |  Milk |
| Garlic | 2 Clove | |
| Paprika | 0.5 Teaspoon | |
| Turmeric, ground | 0.25 Teaspoon | |
| Lentils, puy, cooked | 100 Gram | |
| Pine nuts | 50 Gram | |
| Salt, sea | 1 Pinch | |
| Pepper, black | 1 Pinch | |

Recipe Alerts

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|---|---|
| Special Dietary Requirements Suitability: |  Vegetarian |
| Allergen Warnings: |   Milk Sulphur Dioxide |

Recipe Method

No Recipe Method available

