



Recipe Details

Recipe Name : Green Tahini Sauce
Recipe Category:
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Created : February 16, 2015
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Portions : 6






Weight (Per Portion)

One portion of this dish weighs approximately 49.00 Grams

Recipe Ingredients

Ingredient	Quantity	Allergen Warnings
Paste, tahini	150 Millilitre	 Sesame
Water, tap, drinking	150 Millilitre	
Lemon, juice	80 Millilitre	
Garlic	2 Clove	
Salt, table	0.5 Teaspoon	
Parsley, raw	30 Gram	

Recipe Alerts

Special Dietary Requirements Suitability:	 Vegan  Vegetarian  Kosher  Halal
Allergen Warnings:	 Sesame

Recipe Method

1. In a bowl, thoroughly whisk the tahini, water, lemon juice, crushed garlic and salt together. The mixture should be creamy and smooth. If it is too thick, add more water. Stir in the chopped parsley, then taste and add more salt if needed. 2. If using a food processor or a blender, process together all the ingredients except the parsley until smooth. Add more water if needed. Add the parsley and turn the machine on again for a second or two. Taste for seasoning.

