








Recipe Details

Recipe Name : **A-Meatzza**
Recipe Category:
Author : **Nigella Lawson**
Created : **February 16, 2015**
Last Updated : **February 16, 2015**
Portions : **6**

Weight (Per Portion)

One portion of this dish weighs approximately 222.00 Grams

Recipe Ingredients

Ingredient	Quantity	Allergen Warnings
Beef, mince, raw	500 Gram	
Cheese, Parmesan, grated	3 Tablespoon	 Milk
Breadcrumbs	3 Tablespoon	 Gluten
Parsley, raw	3 Tablespoon	
Egg, chicken, free range, whole, raw	2 Medium	 Egg
Garlic	1 Clove	
Salt, table	1 Pinch	
Pepper, black	1 Pinch	
Butter, unsalted	1 Tablespoon	 Milk
Tomato, tinned, chopped	400 Gram	
Oregano, dried	1 Teaspoon	
Cheese, Mozzarella, balls	125 Gram	 Milk
Basil, fresh	1 Bunch	

Recipe Alerts

Allergen Warnings:



Recipe Method

1.

