

Nutritional Report

Recipe Name: Pork With Peaches

Recipe Category:

Author: Jamie Oliver
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Weight Per Portion

One portion of this dish weighs approximately 318.00 Grams

Nutritional Information Per Portion					
	Content	%GDA			
Energy Kcal	724	36			
Protein	39g	78			
Other Carbohydrate	3g	2			
Sugar	0g	0			
Fat Saturated	28g	141			
Fat Unsaturated	28g	56			
Fiber	1g	3			
Sodium	0g	14			
Salt	1g	14			

Recipe Alerts				
Allergen Warnings:	Gluten Milk Sulphur Diskide			

Traffic Lights					
MED Fat	HIGH Saturates	LOW Sugar	LOW Salt		

The Guideline Daily Allowances are defined by the **Food Information Regulator EU** October 2011.

Percentages based upon a daily energy intake of 2000 kcal.