

Nutritional Report

Recipe Name: Jam Roly Poly

Recipe Category:

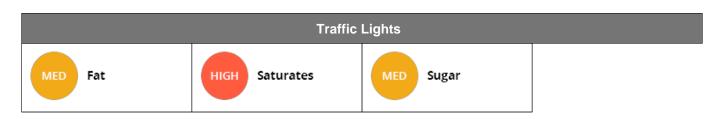
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Weight Per Portion

One portion of this dish weighs approximately 130.00 Grams

Nutritional Information Per Portion			
	Content	%GDA	
Energy Kcal	435	22	
Protein	5g	11	
Other Carbohydrate	44g	26	
Sugar	18g	20	
Fat Saturated	11g	54	
Fat Unsaturated	8g	16	
Fiber	2g	6	
Sodium	0g	8	
Salt	1g	9	

Recipe Alerts		
Allergen Warnings:	Gluten Milk Egg	



The Guideline Daily Allowances are defined by the **Food Information Regulator EU** October 2011.

Percentages based upon a daily energy intake of 2000 kcal.