



Nutritional Report

Recipe Name : **Beautifully Cheesy Pasta Fonduta**

Recipe Category:

Author : **Jamie Oliver**

Created : **February 16, 2015**

Last Updated : **February 16, 2015**

Weight Per Portion

One portion of this dish weighs approximately 131.00 Grams

Nutritional Information Per Portion

	Content	%GDA	
Energy Kcal	372	19	
Protein	14g	28	
Other Carbohydrate	44g	26	
Sugar	3g	4	
Fat Saturated	6g	31	
Fat Unsaturated	7g	14	
Fiber	3g	14	
Sodium	0g	8	
Salt	0g	8	

Recipe Alerts

Special Dietary Requirements Suitability:	
Allergen Warnings:	

Traffic Lights

Fat	Saturates	Sugar
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The Guideline Daily Allowances are defined by the **Food Information Regulator EU** October 2011.

Percentages based upon a daily energy intake of 2000 kcal.